

Homeopathy, with the Support of Artificial Intelligence, will become India's Healthcare Lifeline

(Insights from the AAAS 12th National Homeopathy Conference–2026, Indore)

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Abstract-- India's healthcare system faces significant challenges due to the rising burden of chronic diseases, lifestyle disorders, and unequal access to medical facilities. Homeopathy, a holistic and cost-effective medical system, has long served as an alternative therapeutic approach for millions of patients. With the emergence of Artificial Intelligence (AI), new possibilities have opened for clinical research, patient data analysis, individualized remedy selection, and large-scale documentation of clinical outcomes.

The AAAS 12th National Homeopathy Conference–2026, held on March 1, 2026, in Indore, provided a national platform for experts to discuss the integration of modern technology with classical homeopathic principles. The conference highlighted evidence-based research, clinical experiences, and the growing acceptance of homeopathy in treating complex diseases such as aplastic anaemia, cancer supportive care, infertility, skin disorders, neurological conditions, and lifestyle diseases.

This paper analyses the key discussions and insights from the conference and explores how the integration of Artificial Intelligence with homeopathic practice can strengthen India's healthcare infrastructure and potentially establish homeopathy as a major healthcare lifeline for the nation.

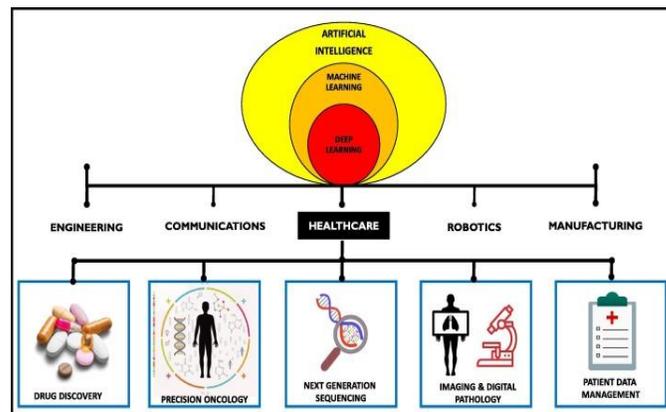
Keywords-- Homeopathy, Artificial Intelligence in Medicine, Integrative Healthcare, Evidence-Based Homeopathy, Aplastic Anaemia, Lifestyle Disorders, Digital Health Platforms, India Healthcare System etc...

I. INTRODUCTION

India's healthcare system is currently undergoing rapid transformation. While modern medicine has made significant advancements, the country continues to face challenges such as increasing chronic diseases, rising healthcare costs, and limited accessibility in rural areas.

Homeopathy, introduced in India during the 19th century, has gradually evolved into one of the most widely practiced alternative systems of medicine. According to government statistics, millions of patients seek homeopathic treatment every year due to its affordability, safety, and holistic approach.

The integration of Artificial Intelligence (AI) into healthcare is creating new opportunities to enhance diagnosis, treatment planning, research documentation, and patient management. When applied to homeopathy, AI can assist practitioners in analysing complex symptom patterns, reviewing repertory databases, and validating clinical outcomes through data-driven methods.



Representative images

The AAAS 12th National Homeopathy Conference–2026, held in Indore, served as an important platform where leading experts discussed how technology and research can strengthen homeopathic practice and improve patient outcomes.

II. OBJECTIVES OF THE STUDY

The objectives of this research paper are:

- To analyse the major scientific discussions presented during the AAAS 2026 conference.
- To examine the role of Artificial Intelligence in advancing homeopathic research and practice.
- To evaluate the growing acceptance of homeopathy in managing complex diseases.
- To explore the potential of homeopathy as a sustainable healthcare model for India.

Overview of AAAS 12th National Homeopathy Conference–2026:

The AAAS 12th National Homeopathy Conference–2026 was held on 1 March 2026 in Indore at the Brilliant Convention Center. The conference brought together homeopathic physicians, researchers, academicians, and policymakers from across India.

The event was jointly organized by:

- Sansad Seva Prkalp, Indore
- Institute of Management Studies (IMS), DAVV
- Ayush Medical Welfare Foundation
- Advanced Homeopathic Society – Sehat & Surat
- Homeopathic Medical Association of India (Madhya Pradesh Unit)

The conference provided a multidisciplinary platform where experts discussed research findings, clinical case studies, and future directions for homeopathy in the era of digital medicine.

Clinical Experiences and Case Documentation:

During the conference, several clinicians shared real-world experiences demonstrating the potential of homeopathy in managing complex diseases.

Dr. A. K. Dwivedi presented clinical cases of aplastic anaemia, highlighting the recovery of patients such as Shri Lalaram from Jaipur and Advocate Yashpal Singh from Uttar Pradesh. Advocate Yashpal Singh personally attended the conference and expressed gratitude for the relief obtained through homeopathic treatment. His presence served as a powerful testimony to patient trust and satisfaction.

Such clinical documentation emphasizes the importance of systematic case recording, long-term follow-ups, and outcome-based research to validate homeopathic practice.

Expanding Scope of Homeopathy in Modern Medicine:

Dr. Vikas Singhal noted that homeopathy was historically perceived as effective only for minor ailments such as colds and coughs. However, modern clinical practice is demonstrating promising outcomes in several complex medical conditions, including:

- Bone marrow disorders
- Aplastic anemia
- Osteomyelitis
- Cancer supportive care
- Infertility
- Dermatological diseases
- Hair loss disorders
- ADHD
- Autism spectrum disorders

These developments indicate a growing acceptance of homeopathy in integrative healthcare systems.

Role of Evidence-Based Research:

Dr. Ranjit Soni from the Regional Research Institute (CCRH), Siliguri, emphasized the importance of evidence-based research in strengthening the credibility of homeopathy.

The Central Council for Research in Homeopathy (CCRH) has developed a digital platform for case documentation, enabling practitioners across India to upload verified clinical cases. This initiative can:

- Standardize clinical reporting
- Facilitate large-scale data analysis
- Promote collaborative research
- Improve scientific validation of homeopathic therapies

Such digital repositories represent a significant step toward modernizing homeopathic research.

Holistic Healthcare and Mental Health Management:

Mental health disorders are becoming increasingly common worldwide. Dr. Vaibhav Chaturvedi emphasized that a holistic treatment model, addressing physical, psychological, and emotional dimensions simultaneously, can produce more sustainable outcomes.

Homeopathy's individualized treatment approach may contribute to improved management of conditions such as:

- Anxiety disorders
- Depression



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- ADHD
- Autism spectrum disorders

Integrating counselling, lifestyle modification, and individualized homeopathic remedies may reduce long-term dependency on pharmacological treatments in certain cases.

Lifestyle Disorders and Preventive Healthcare:

Lifestyle diseases such as diabetes, hypertension, and obesity are growing rapidly in India.

Dr. Atharv Dwivedi emphasized the urgent need to prevent India from becoming the “Diabetes Capital of the World.” He advocated collaborative efforts among all systems of medicine, including modern medicine, Ayurveda, yoga, and homeopathy.

Preventive healthcare strategies should focus on:

- Lifestyle modification
- Nutrition awareness
- Stress management
- Early disease detection

Homeopathy can play an important role in preventive medicine through individualized treatment and constitutional care.

Integration of Artificial Intelligence in Homeopathy:

Artificial Intelligence offers several opportunities to modernize homeopathic practice:

Clinical Decision Support:

AI systems can analyse patient symptoms and repertory databases to assist physicians in remedy selection.

III. DATA ANALYSIS AND RESEARCH

AI can process large volumes of clinical data to identify treatment patterns and outcomes.

Digital Case Documentation:

AI-driven platforms can help organize case records, follow-ups, and treatment outcomes.

Predictive Healthcare:

Machine learning models can help identify disease patterns and improve preventive healthcare strategies.

Educational Support:

AI tools can assist homeopathy students in learning materia medica, repertory analysis, and case-taking methods.

By integrating AI with traditional homeopathic principles, practitioners can combine classical wisdom with modern scientific tools.

Role of Homeopathy in India’s Healthcare System

Member of Parliament Shankar Lalwani highlighted that homeopathy is:

- Affordable
- Accessible
- Safe and side-effect free

These features make it particularly suitable for large populations in developing countries like India.

Given the growing burden of chronic diseases, homeopathy may serve as an important complementary healthcare system that reduces pressure on conventional healthcare infrastructure.

Key Scientific Topics Presented in the Conference:

The conference included lectures and case presentations on multiple specialized topics such as:

- Hair effluvium management
- Acute emergency homeopathic treatment
- Women’s holistic healthcare
- Oncology supportive care
- Chronic osteomyelitis cases
- Urolithiasis management with *Berberis vulgaris*
- Autoimmune skin disorders
- Paediatric neurology
- Autism spectrum disorders
- PCOS clinical studies
- Anxiety disorders
- Integrative medicine
- Agro-homeopathy for sustainable agriculture

These discussions demonstrated the expanding interdisciplinary scope of homeopathy.

IV. DISCUSSION

The AAAS 2026 conference highlighted an important transition in the field of homeopathy. The discipline is gradually moving toward evidence-based clinical practice, digital research documentation, and technological integration.



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The combination of AI-driven analytics with individualized homeopathic treatment could significantly enhance clinical accuracy, research credibility, and healthcare accessibility.

Such developments may help bridge the gap between traditional healing systems and modern scientific methodologies.

V. CONCLUSION

The AAAS 12th National Homeopathy Conference–2026 in Indore marked a significant milestone in advancing homeopathic research and clinical practice in India.

The discussions clearly demonstrated that the integration of Artificial Intelligence, evidence-based research, and collaborative healthcare models has the potential to transform homeopathy into a powerful healthcare resource.

With continued research, digital innovation, and institutional support, homeopathy may play a crucial role in strengthening India's healthcare system and improving the quality of life for millions of patients.

Bibliography

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